



# Buddhist Thoughts

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## Chant, Eat, Play and Thrive J.K. Hirano

*Drink without getting drunk  
Love without suffering jealousy  
Eat without overindulging  
Never argue  
And once in a while, with great discretion, misbehave.  
Armando Fuentes Aguirre "El Caton" (the Wise Man)*

Within Buddhism there is a word that is often thrown about without a great deal of consideration, and this word is "mindfulness." To be mindful is to be a Buddhist. There are some people who look at mindfulness as something you do during a ritual meditation. Although there are forms of meditation to develop mindfulness, true mindfulness is a way of life. To be mindful is to be aware of your place in the world. To be aware of your place in the world is to know that you are connected with the entire universe. To know this connection is to awaken a deep gratitude for this life, this moment. To know this moment is to understand what it is to Thrive.

I have just read this book called Thrive: Finding Happiness the Blue Zones Way, written by Dan Buettner. Buettner is an American writer who has explored the world looking for the happiest and longest lived human beings. He has found and defined certain areas or societies that seem to create or allow human beings to experience happiness and to live longer than anywhere else. He calls these areas "Blue Zones." What was very interesting to me is that most of these places are not in the United States or other first world countries.

One of these areas is a city just outside of Monterrey, Mexico called Saltillo. In this city lives a newspaper columnist named Armando Fuentes Aguirre, who also goes by the name "El Caton" (the Wise Man). Buettner meets with Aguirre and discusses what it is about this area that allows for their citizens to thrive. Aguirre says, "We're not rich because we have a lot of money," he said, "We're rich because we have few needs. And we celebrate everything. In our family, if we don't have an occasion, we invent one. There are people who will never be happy because they want too much of life. If they don't get what they want, they don't let themselves be happy. The trick is to work for contentment. Then happiness will follow." The passage I began this month's article with is El Caton's grandfather's recipe for happiness. It is a recipe for genuine mindfulness.

When I was a teenager, I sometimes wondered how I was connected to the world. I knew friends and family were important components, but where would I find my place and purpose in life? Looking back, I realize that I was asking myself how I could find happiness. How could I learn to thrive?

Happiness was not absent in my life, but there was often a depth to it that I found somehow lacking. While in college, I believed that it must be society's responsibility to provide this depth of meaning that seemed to be missing in my life. I became a part of the Asian American movement. Yet, I often found the same shallowness there that was prevalent in the rest of society.

As with most things that bother or cause us to experience the dis-ease of life, I thought it was outside of me. Society was to blame for my dis-ease. Therefore, since society was causing the problems, if I could cure society, I would find happiness. It is refreshing as I look back over the past thirty something years, that I could have once been so innocent as to believe I would and could change society, and find happiness all in a single bound. I would be Super Secret Asian Man, by day a eager young attorney, by night a relentless community activist, working towards truth, justice and the Asian American way. It was a good Dharma friend and teacher, the late Rev. Russell Hamada, who told me young Asian American attorneys were all over the place and for the most part, society eventually teaches them to go for the money. It was money that brought them happiness. He explained that if you really want to make a difference, think about your own life and where you have found the most meaning and depth and then follow that.

The one place that I had found a depth and a sense of purpose, happiness, was at temple gatherings. Not just in Salt Lake, but at temples throughout BCA. I then set about looking into the Buddhist teachings, the Dharma, for answers. Since the temple was centered on the idea of Dharma and Buddha's compassionate light, it only seemed natural that this is what I should study or where my pursuit should take me. Along this path, I met many wonderful teachers and teachings. During the last thirty years of my life, as I have looked into the Buddha's heart and teachings, I have met many good Dharma friends. This is where I have been able to find true happiness and this is what I hope for our Sangha.

One of my dharma friends and teachers Rev. Mas Kodani has said, "Our practice is to chant and eat." This was in reference to what we do at BCA temples. At first hearing, this seems a little flippant, yet in reality, this may be our recipe for happiness, when done with genuine mindfulness.

To chant is not to create gratitude, but to express gratitude for the causes and conditions in my life that allow me to live within this moment, my life. It is a mindful act in which we are using our hearts to transcend the noise of mind only. It is the ritual language, not familiar to the brain, but of the heart. Chanting allows us to express gratitude to the virtues of Buddha and the teachings that have arisen from the Buddha's great practice. Through the sound of enlightenment I am allowed to see my place in the world.

When we eat as a Sangha, we are sharing life. It is during this time that we have the opportunity to really listen to one another. Learning to listen with the ears of our heart rather than just hearing is an act of mindfulness. To listen to the other so that eventually the duality of self and other dissolve into oneness -- this is where we get our first taste of compassion.

The reason I used the word "play" in the title for this article is that "play" is how it describes the Buddha's movement and activity in the world. The salvational activity of the Buddha is not work, but play. The Buddha does not just work for our benefit; it is the activity he enjoys the most. In this same manner, I hope our Sangha does not work toward harmony, we play to achieve harmony. Therefore, our practice at the Salt Lake Buddhist Temple, is to chant, eat and play. Itadakimasu!

## President's Message

Dot Richeda

Happy New Year. As we begin the new year, I am looking forward to a busy year. One of the major item as we start the new year is to find chairs for our Obon and Food Bazaar (our two major fundraisers). This year I am happy to announce the following:

Obon: Chair: David Sekino  
Co-Chairs: Mark Minaga, Jim Eng, Karie Minaga-Miya

Food Bazaar: Co-Chairs: Karen Tohinaka, David Black, Dot Richeda

I would like to thank each one for your time and support of the Temple. Many hours of hard work goes into preparing each event.

Another event we will support this year is the Nihon Matsuri:

Co-Chairs: Food: Connie Sakashita and Reiko Matsuura

This year I have asked Tomio Mitsunaga and Phil Sakashita to coordinate the Toban. The Toban each month will be responsible for keeping the Temple clean for the whole month with one major day for cleanup. Thank you.

February Toban:

Stan Endo*	Mark Minaga*
Elaine Endo	Gail Minaga
Marcus Miya	Karie Minaga-Miya
Dave Nagata	Julia Nagata
Ron Omori	Linda Omori

Please attend the Temple Board Meeting on January 30th.  
Movie Afternoon: February 27th-"Twilight Samurai"

## BWA News

Brenda Koga

Hard to believe that we are already 1/12 of the way through 2011 and the BWA is off and running. **Dues are still a bargain at \$10**, and if you have not submitted your dues to our treasurer, **Reiko Watanabe**; please do so as soon as convenient.

The temple bylaws indicate that BWA members should also be members of the Salt Lake Buddhist Temple. Thus, if you have not paid your temple dues, we encourage you to do so in a timely manner to Dave Sekino.

The BWA started the year by already preparing food for the temple's annual Hoonko luncheon. **Thank you** to all who contributed dishes to compliment the Dharma School's entrees at the Hoonko luncheon on January 16. The variety was good and the food was delicious.

Our initial meeting was on January 23 at which time the calling list was updated, committees were established and the group discussed direction and goals for the coming year. A tentative calendar was set and will be published in the next edition of the newsletter.

Just a reminder that the Buddhist Women's Association is open to anyone who is willing to support our organization's objectives and pay the dues. If you would like to know more about the organization or the

dues, please contact **Brenda Koga**.

## Salt Lake Buddhist Women's Association Summary of Events for 2010

President: Brenda Koga

1<sup>st</sup> Vice President: Reiko Matsuura

2<sup>nd</sup> Vice President: Christy Fong

Recording Secretaries: Maya Chow & Karie Minaga-Miya

Treasurer: Reiko Watanabe

Auditors: Gail Minaga & Connie Sakashita

Food Committee: Reiko Matsuura, Reiko Watanabe, Sherrie Koga, Elaine Endo

Public Relations: Maxine Furubayashi & Sandy Iwasaki

Religious Chair/Eshinniko/Kakushinniko Service: Dot Richeda

Steak Fry Chairs: Judy Watanabe/Holly Black

Las Vegas Obon Trip Chair: Jane Sakashita

Bylaws: Brenda Koga, Karie Minaga-Miya, Jane Sakashita

January 17—Hoonko Service and Luncheon—BWA provided main entrees

February 21—Rededication Service and Luncheon—BWA in charge of luncheon

March 20—Naikan Workshop—BWA handled registration, provided lunch costs and refreshments

March 21--Ohigan Service --BWA sponsored a food sale—proceeds to go to building fund

April 11—Hanamatsuri—BWA provided Sakura mochi & musubis for luncheon

April 23—Nihonmatsuri—BWA assisted Reiko Matsuura with the food items sold

May 15—BWA assisted with the semi-annual general temple clean-up

June 12—Eshinniko/Kakushinni Seminar—Rev. Patti Nakai-dinner at Koyo Restaurant

June 13—Eshinniko/Kakushinni Service—inducted 13 new members: Alice Ogura, Cheryl Nakano, Elaine Endo, Faye Mitsunaga, Holly Black, Joni Sueoka, Joyce Chen Judy Watanabe, Karie Minaga-Miya, LuAnn Leach, Lisa Imamura, Merry Nakamura, Sandy Iwasaki, Sherrie Koga, Stephanie Sueoka and Tracy Akimoto.

Paid tribute and remembered members passing away during the past year: Mary Nakai, Shizue Tamagawa and Kiyoko Okawa Luncheon at Golden Dragon followed service

July 9 & 10—Preparation and serving of food for Obon Festival

August 13-16—Las Vegas Obon Trip—Jane Sakashita, Chair

August 22—Annual Steak Fry at Sugarhouse Park—Judy Watanabe & Holly Black, Chairs

September 15—BWA volunteers assisted with The Road Home Chili Affair fund raiser at the Salt Palace

September 18-19—Mt. States Dist. Conference, Denver & Rev. Kanya Okamoto's Retirement Celebration

October 1 & 2—Annual Food Bazaar preparation and serving of food items—BWA in charge of sushi, ohagi and donations for the desserts and baked items

October 9—BCA FBWA Delegates Meeting in Sacramento—Brenda Koga represented Mt. States District and Salt Lake BWA      14<sup>th</sup> World Buddhist Women's Convention, May 15-17, 2011 in Kyoto, Japan

October 24—Nominating Committee appointed—Carmela Hirano, Reiko Watanabe, Kathy Terashima

October/November—Warm Clothing and Bedding Drive for The Road Home      (thanks to Paul Terashima for assisting with the delivery)      Also collected new items for Candy Cane Corner store for the homeless families

December 5-- Bodhi Day Service and Luncheon, guest speaker, Bhanti—BWA in charge of main entrée for luncheon

December 12—Kitchen Reorganization

December 19—Annual Meeting and Elections for 2011  
Officers for 2011:  
President: Brenda Koga  
1<sup>st</sup> Vice President: Reiko Matsuura  
2<sup>nd</sup> Vice President: Christy Fong  
Recording Secretaries: Maya Chow & Karie Minaga-Miya  
Treasurer: Reiko Watanabe  
Auditors: Gail Minaga and Connie Sakashita

## Dharma School

Christy Fong

Happy 2011 to everyone! We hope we will see you each Sunday at Dharma School in this new year!

Thank you to the **second** grade students for helping lead the Golden Chain and Promise during services in January and again through February.

Thank you to everyone who contributed items for the Goodie Bags. I'm sure they were appreciated by all who received them.

The Ho-Onko service and luncheon was held on January 16<sup>th</sup>. Thanks to **Maya Chow** and **LaVerne Kyed** for their organization with Dharma School's responsibilities for the luncheon. It was a wonderful spread enjoyed by all!

The annual Bowling party is being rescheduled for a later date.

The following memberships were received for Dharma School.

Delaney and Callahan Black	Samantha and Keith Chow
Lisa Dean	Marisa and Kyle Eng
Kenny, Jennifer and Mike Fong	Owen and Carter Fetherston
Anna and Maile Fukushima	Garrett Furubayashi
Seiji Hayashi	Miye Masters
Kacie and Taylor Hirano	Ethan Hirabayashi
Maya and Marcus Ikegami	Mariko Jessop
Aimee and Andrew Kyed	Matthew Minaga
Henry and Emma Munson	Chris, Andy and Brandon Okamoto
Cheryl, Mariah & Breighton Papac	Justin, Jordan & Trevor Akimoto
Samantha and Cameron Sueoka	Eric and Alex Tokita

If you'd still like to register your student, see Christy Fong or Rise Hirabayshi.

## YBA NEWS

Maya Chow

We finally beat the weather and had our laser tag activity. Thanks to the Ogden YBA and the reps from the Japanese Christian Church for joining us. It was a tiring night but great fun with everyone pooping out by 5:00 am. Thanks to all those who did dishes for the Ho-onko luncheon. We look forward to a great year!

## Sunday Afternoon at the Movies

Mark Minaga & Jim Eng

On Sunday February 27<sup>th</sup> at 1 pm, the Japanese movie "Twilight Samurai/ Tasogare Seibei" will be shown at the Salt Lake Buddhist Temple following service. The Twilight Samurai was nominated for the Academy Award for Best Foreign Language Film in the 76th Academy Awards. The Twilight Samurai won an unprecedented 12 Japanese Academy Awards, including Best Picture, Best Director, Best Actor, Best Actress, and Best Screenplay. Here is a synopsis of the movie:

A heartfelt elegy directed by Yoji Yamada, The Twilight Samurai tells the story of Seibei Iguchi (Hiroyuki Sanada), a man who has trained as a samurai... A heartfelt elegy directed by Yoji Yamada, The Twilight Samurai tells the story of Seibei Iguchi (Hiroyuki Sanada), a man who has trained as a samurai and belongs to a samurai clan, but doesn't fight alongside them in any battles. Instead, Seibei, a recent widower, has devoted himself to caring for his two daughters and ailing mother. His reluctance to fight makes him a curiosity -- and soon lands him an assignment that could cost him his life.

The Jr YBA will also be selling a light lunch and snacks starting at noon. So, please join us for a pleasant afternoon with the Sangha and to help support the Jr YBA.

# February Shotsuki Hoyo

February 20, 10:00 am

<b>Deceased</b>	<b>Date of Death</b>	<b>Next of kin</b>
Doi Masayo	2/23/87	Ichiro Doi
Ishimatsu Yoshiko	2/17/26	Chizuko Ishimatsu
Kawaguchi Hirokichi	2/2/	Bill Kawaguchi
Kikushima Shizue	2/20/86	Bernice Kida
Kobayashi Yasuji	2/5/50	Ken Kobayashi
Kojima Hideo	2/3/85	Tama Kojima
Maeda Shime	2/4/36	Koga Family
Nakai Kanesaburo	2/19/60	Lily Havey
Nishida Hide	2/23/68	Aiko Okada
Nodzu Shige	2/7/80	Ken Nodzu
Ogawa Gentaro	2/9/09	Bob Sugino
Oike Kazuyoshi	2/3/59	May Koike
Okawa Paul	2/11/87	Kathy Okawa
Sauki Izyo	2/28/94	Marge Kruze
Seko Kikuno	2/4/89	Duzo Seko
Shiotani Sataro	2/13/85	Kai Shiotani
Suyehiro Otozo	2/2/36	Greg Matsuura
Suyehiro Tomiko	2/4/31	Greg Matsuura
Sueoka Tokusaku	2/4/70	Dru Sueoka
Tsugino Masuko	2/8/80	Bob Kasubuchi
Tsutsui Mojiro	2/23/73	Geraldine Chappell
Ushio Tatsu	2/14/03	Janet Thomas
Watanabe Ichiro Roy	2/19/85	Byron Watanabe
Yagi Emiko	2/6/83	Helen Yagi
Koga Sueyoshi	2/22/99	Koga Family
Sauki Tamaye	2/22/98	Marge Kruze
Yamamoto Lessie	2/4/99	Eleanor Nakamura
Ushio Tadao	2/22/01	Janet Thomas
Koga Michiko	2/5/02	Gary Koga
Tsuyuki Jerry	2/7/02	Mark Tsuyuki
Tsutsui Harry	2/27/02	Geraldine Chappell
Tokunaga Utako	2/27/02	Al Tokunaga
Kido Jimmy Yoshi	2/26/03	Yoshiko Kido
Lew David	2/14/06	Bobbi Lew
Nakai Frank	2/15/06	Eleanor Sasaki
Nagata Shigeo	2/28/07	Setsuko Nagata
Iwasaki Mary Tsuru	2/23/07	Karen Tohinaka
Endo Kathleen	2/26/07	Thomas Endo
Tachiki Hanako	2/08	Steve Tachiki
Ushio Ruby	2/28/08	Janet Thomas
Terashima Kay Kiyoshi	2/15/09	Chiyoko Terashima
Mayeda Rose	2/27/09	Buster Mayeda

With Deepest Sympathy

Our Temple offers our deepest sympathies to the family and friends of

## Ruth Aoki

We hope that through the nembutsu teachings and the strength of your family and community, you will find comfort in this difficult time. Namo Amida Butsu.

## Dana Award 2010

Jane Sakashita

A Profile of the Recipients  
NOBUO AOKI, ELSIE DOI, GRACE KASAI, and GRACE OSHITA

Edward Everett Hale said: I am only one. But still I am one. I cannot do everything, but still I can do something. Because I cannot do everything, I will not refuse to do the something that I can do.

An award is given annually by the Salt Lake Buddhist Temple to the members who have served our temple in outstanding ways—who have sacrificed time and effort to do the something that they can do. The recipients for the 2010 Dana Award are: Nob Aoki, Elsie Doi, Grace Kasai and Grace Oshita.

### NOBUO AOKI

Nob has served on the temple board throughout the 1990 decade. He was elected to the important position of Treasurer for several years and, with his mathematical and accounting background, he always served on the cashier desk for the annual bazaars, Obon festivals, and anywhere that required the expertise of handling money. He has also served as a committee chairman of the Obon festivals.

Nob was born in Seattle and was evacuated to the Minidoka Internment Camp during World War II. During the Korean War he served as a linguist for the Army traveling to Japan and Korea. He received his degree in accounting at the University of Utah and was employed at Univac for 31 years. He has traveled extensively around the world, enjoys golfing, bowling and is an avid fan of the Utah Jazz. Nob and wife Eva have four children: Alan, Bruce, Kenneth and Tina, who has served as the Dharma School superintendent.

### ELSIE DOI

Elsie served on the temple board in the 1970's, elected to the BWA board over two decades from 1983 through 2005 and during those years served as BWA vice president, treasurer, and religious chairman. She served on the Obon festival committees and the annual bazaars for many years in different capacities. Members have enjoyed her breads that she baked for the BWA food sales, and the YBA have relished her potato salad and sour cream pound cakes at their outings.

Elsie graduated from Granite High, helped the Doi's in operating the West Side Hotel until it was sold in the 1970's. She was employed in the Purchasing Department of the University of Utah until she retired at age 73. One of her enjoyments is watching the Jazz games, and she and Misao know all the



happenings of the NBA players. They have three children: Karen, Charlene and Richard who has also served on the board of the temple.

## GRACE KASAI

Grace was elected as a board member of the Buddhist Women's Association in our temple during 1977 to 2003, serving in various capacities over twenty years as treasurer, public relations officer, and as Tsumitate fund accountant. Grace has expended countless hours for the Obon, bazaars and other functions. She also participated on many Hanamatsuri programs with the BWA ladies. Music is her hallmark. She was a pianist and also sang in the Salt Lake JACL and the BWA choirs.

Grace enjoyed golfing and bowling with Nisei friends in league play and tournaments. Traveling is one of her favorite activities. She worked as an administrative assistant at the State Employment Security Office until retirement. Her husband Seiko was also an active board member. She now lives with her niece Linda and Wes Olsen and enjoys precious moments with her grandchildren and eleven great grandchildren.

## GRACE OSHITA

Grace held various positions on the temple board to which she was elected in the 1980's and 1990's. She was recording secretary, religiously taking minutes at the board meetings, and was Obon chairperson in 1983. She was elected to the BWA board for three decades—co-chairing the Obento project, serving on the entertainment committee and the bazaar committee on cultural exhibits. She also was an Obon dance instructor for many years.

Even though Grace is a Nisei, her distinctive talent in Japanese language and music is unexcelled in this area. Her ability to sing Japanese songs and play the Koto and Shamisen instruments made her popular in the public schools for demonstration. She was an actress in the movie, "Revenge of the Ninja," and also served as chairman and on the committee of the Issei Center for many years. Grace and Ben had two children: Alan and Lynne Doi, who is also active in the temple.

## JANUARY DONATIONS

Yoshiko Uno	100	Memorial for mother
Yoshiko Uno	30	Shotsuki Hoyo
Yoshiko Uno	20	Ohigan
Yoshiko Uno	100	Denver bus
Rise & Dean Hirabayashi	10	Ethan's birthday
Chizuko Ishimatsu	100	Shotsuki Hoyo
Ivan Van Laningham	50	Special
Gary & Ryoko Okamoto	5	Special
Setsuo Takenaka	200	In memory of Akiko Takenaka
Gary & Kathleen Takenaka	100	In memory of Akiko Takenaka
Yutako Ikegami	50	In memory of Akiko Takenaka
Yutako Ikegami	100	Shotsuki Hoyo -Akitaro
Masako Imamura	20	Shotsuki Hoyo -Kanekichi Okino
Robert Kasubuchi	50	Shotsuki Hoyo
Tom & June Nagao	25	Buddhist Thoughts

Kiyoshi & Halu Aoki	25	Buddhist Thoughts
Grace Oshita	100	Dana award
Elsie Doi	100	Dana award
Naomi Kageyama	10	Buddhist Thoughts
Jean Sato	10	Buddhist Thoughts
Karie Minaga-Miya	50	Shotsuki Hoyo-Yasuzo Minaga
Hisa Minaga	30	Shotsuki Hoyo -Yasuzo Minaga
Mark & Gail Minaga	30	Shotsuki Hoyo -Yasuzo Minaga
JR YBA	500	Year end
Nanae Taketa	25	Shotsuki Hoyo
Aki Chow	20	Shotsuki Hoyo
Nobuo Aoki	50	Shotsuki Hoyo
Robert & Tami Tokita	20	Shotsuki Hoyo -Shizuko Imada
Helen Mitsunaga	25	Shotsuki Hoyo -Shizuko Imada
Tomio & Junko Mitsunaga	30	Shotsuki Hoyo
Takae Nakamura	25	Shotsuki Hoyo

#### HOONKO --

Robert Kasubuchi	30	Kiyomi Ryujin	25
Bill & Shigeko Mizuno	50	May Koike	50
Joseph & Rose Kamaya	50	Yuriko Iwamoto	25
Kayo & Jeannette Hayakawa	25	Hiroshi & Mary Aramaki	25
Kiyo Nakamura	100	Walter & Hatsue Masuda	20
Sadie Kato	25	Nobue Sudoko	25
Masako Imamura	25	Jun & May Sudoko	30
Charlie Sasaki	20	Jeanne Konishi	50
Donna Sato	20	Sherrie Hayashi	20
Grace Oshita	50	Chic Terashima	25
Faye & Jim Eng	25	Aiko Okada	30
Sachiko Tohinaka	25	Nancy Takagi	25
Yuriko & Carl Dennison	50	Ichiro & Takeko Doi	100
Takae Nakamura	20	Jane Sakashita	50
Tom & Fran Akimoto	30	Nanae Taketa	50
Kazuko Yakumo	50	Lisa Matsuda	30
Maxine Furubayashi	50	Marcus & Karie Miya	20
Misuko Shimada	25	Brenda Koga	25
Kazuko Terasawa	30	Haruko Moriyasu	10
Gail & Mark Minaga	25	Hisa Minaga	20
Dave Sekino	30	Buster Mayeda	100
Terry & Mits Fujinami	100	Ruby Doi	50
LaVerne & Ernie Kyed	50	Stephanie Sueoka	20
Ray & Diane Nishikawa	25	Helen Mitsunaga	40
Tomio & Junko Mitsunaga	100	Dot Richeda	30
Yukie Okubo	100	Phillip & Connie Sakashita	50
Lisa Imamura	50	Chie Sugaya	25
Richard & Lynne Doi	50	Misao & Elsie Doi	50
Tamiko Adachi	20	Reiko & Byron Watanabe	50
Ivan Van Laningham	100	Tina Munson	100
Nobuo Aoki	50	Henry Hirano	100
Paul & Kathy Terashima	50	Reiko Mitsunaga	20

Setsuko Nagata	50	Bruce & Christy Fong	30
Tracy Akimoto	25	Kristine Clifford	25
Renee & Ken Matsuura	50	Yoshiko Uno	20
Brent & Sherrie Koga	25	Rose Watamura	25
Chris Oki	20	Sandra Iwasaki	25
May Akiyama	25		

#### DHARMA SCHOOL

Buster Mayeda	25	Year end	
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#### GOODIE BAGS --

Ichiro & Takeko Doi	25	Yukie Okubo	20
Mits & Terry Fujinami	25	Maxine Furubayashi	25

#### YBA

Buster Mayeda	25		
LaVerne & Ernie Kyed	30	Laser tag activity	

#### JR YBA

Buster Mayeda	25		
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# New!

**ADULT STUDY CLASS**

*Open to Everyone*

IN THE HONDO, Sundays after service\*

11:00 – 11:45 a.m. (\*except during special services)

Facilitated by

Rev. Jerry Hirano

Rev. Masami Hayashi

Dr. Carmela Javellana-Hirano