



Buddhist Thoughts

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Wave of Compassion Carmela Javellana-Hirano M.D.

The Sutra of Great Compassion States: What is Great Compassion? Those who continue solely in the recitation of the name of the Buddha (nembutsu) Without any interruption will thereby be born without fail in the Land of Happiness at the end of life. If these people encourage each other and bring others to recite the Name, they are all called "people who practice compassion."

Engaged Pure Land Buddhism, Edited by Kenneth Tanaka and Eisho Nasu

On March 11, 2011, an earthquake with a magnitude of 8.9 shook a few miles off the northeastern shores of Japan. The resultant tsunami that followed took with it about 10,000 lives, about 17,000 still missing, and now half a million in shelters. The flourishing coastal towns of Sendai and Fukushima are now left devastated, threatened by the radiation leaks that have now seeped into the region's food source. In the face of all this, we hear stories of bravery and courage, integrity and honesty, consideration for others and a sense of closeness and community as survivors and disaster responders turn to each other for mutual support. Americans still there who have been recently interviewed were amazed and awed by the orderly lines for food and water rations, no looting, no violence, no complaints, and the generosity of those who have very little and yet share what they have.

Here we are, cozy and safe, wondering how we can help. Some of us may know people there, and maybe some have relatives there. For those of you who do, I hope that they are safe and well. The question becomes: how can we practice compassion at a time like this?

We turn to the Sutra of Great Compassion: If we can encourage each other and bring others to recite the name Namu Amida Butsu, we practice Great Compassion.

Inherent in saying the name is the realization of how fragile our lives really are, that no matter how prepared we think we are, our lives are always dangling on a string. Saying the name is also recognizing all the care and support that we have been receiving all along that make it possible for us to live. Saying the name is recognizing our interdependence on one another. Just as life is a miracle and mystery, so is death. Like the ebb and flow of the tsunami wave itself, ultimately we become one with the ocean. Saying Namu Amida Butsu is acknowledging the gift of life, the gift of love, and our own capacity to give and love, and completely trusting the Infinite Wisdom and Compassion of Amida Buddha. The Great Compassion that is given to us by Amida Buddha when we say the name does not shrink from adversity nor tremble in fear or rage. Our single-minded entrusting in Amida Buddha's Vow knows no despair,

hopelessness, overwhelm or defeat. The Buddha of Unhindered Light and Infinite Love knows no obstacles.

Let us remember the victims of the Great Tsunami, the firefighters and engineers and mechanics and military and humanitarian and health care workers over there, and especially the survivors who have found the strength and dignity to carry on despite the overwhelming odds against them. I would like to close with a version of the Metta Sutra to send out our own desire for a Tsunami of compassion to spread throughout the world.

Oneness of Light and Light
Entrusting in your Great Compassion,
may you shed the foolishness in myself,
Transforming me into a conduit of love.
May I be a medicine for the sick and weary,
Nursing their afflictions until they are cured.
May I be food and drink, during time of famine,
May I protect the helpless and the poor,
May I be a lamp for those in need of light.
May I be a bed for those who need rest
And guide all seekers to the Other Shore.
May all find happiness through my actions,
And let no one suffer because of me.
Whether they love or hate me, whether they hurt or wrong me,
May they all realize True Entrusting through Other Power,
And realize Supreme Nirvana.
Through the working of Great Compassion in their hearts,
May all beings have happiness and the causes of happiness.
May all be free from sorrow and the causes of sorrow;
May all never be separated from the sacred happiness which is sorrow less;
May all come to peace without too much attachment and too much aversion,
And live believing in the equality of all beings.
May all beings be filled with joy and peace;
May all beings everywhere, the strong and the weak;
The great and the small, the mean and the powerful,
The short and the long, the subtle and the gross;
May all beings everywhere, seen and unseen,
Dwelling far off or nearby, being or waiting to become:
May all be filled with lasting joy.
Let no one deceive another; let no one anywhere despise another;
Let no one out of anger or resentment wish suffering on anyone.
Just as a mother with her own life protects her child, her only child, from harm,
So within yourself let grow a boundless love for all creatures.
Let you love flow outward through the Universe,
To its height, its depth, its broad extent,
Without hatred or enmity.
Then as you stand or walk, sit or lie down,
As long as you are awake
Strive for this one-pointed mind
Your life will bring heaven to earth

Namo Amida Butsu

President's Message

Dot Richeda

The temple General Membership meeting was held on January 30, 2011. For those in attendance, thank you for taking the time from your busy schedule to attend this important meeting. One area of concern is the West Building. If you have any suggestion on what we can do with the building please let me know. Victor Oishi, our agent, is in the process of leasing the building. Tomio Mitsunaga and Phil Sakashita will be in charge of Toban this year. If you are not on the list and would like to volunteer, please see one of them. Again, Thank you for your support.

BWA News

Brenda Koga

The BWA continues to thrive as new members join our organization. We welcome our newest members: **Bobbi Ikegami, Rose Watamura and Ann Takasaki**. Bobbi has been active with our Dharma School, and has decided to take the plunge into our organization.

Rose was a devoted member in California and has relocated here where her daughter, Ann lives. We are glad to have them with us and hope to see them involved in our many activities.

On March 6, the BWA completed their annual omigaki...cleaning and shining the various items in the onaijin (altar). Thank you to all the ladies that diligently cleaned and detailed the pieces and accessories.

At our meeting on March 20, 2011, the group made several decisions. A generous donation will be given to the BCA to assist with the victims of the disaster in Japan. The calling list was reviewed, updated and distributed. If you would like a copy, please contact Brenda Koga. The BWA will also be proposing an alternative food preparation option for the temple at the next board meeting.

Donations to the kitchen were recognized. The BWA wishes to thank **Jodi Iwasaki** for donating a large shamoji and also **Tomie Ishimatsu** for donating some dish towels and sundries for the temple kitchen.

Upcoming the BWA will be involved in making the sakura mochi for the Hanamatsuri celebration. Members have also volunteered to make musubi to accompany the box lunch items.

Reiko Matsuura will be co-chairing the temple's efforts with the Nihonmatsuri event on April 30, 2011. Preparations will begin on Friday, April 29, so please plan on assisting the temple with that activity. Further details will be discussed at our next BWA meeting which will be held on **April 17 at 9:00 a.m.** in the South classrooms.

Dharma School

Christy Fong

It's great to see our students each Sunday at Dharma School! Please try to attend class each Sunday so the teachers can prepare for their Hanamatsuri programs.

Thank you to our **Pre-School-1st** grade students for helping lead the Golden Chain and Promise during services through March.

The annual **Ski party/Barbecue** at the Brighton Ski resort was March 13th with wonderful sunshine and Dharma families from SLC and Ogden. Many thanks to **Maya Chow** and **Karie Minaga-Miya** for co-chairing the event. Big kudos to **Marcus Miya and Karie** for bringing up the grills, tables and items for comfort and convenience. Thanks to **Miles Miya** for making arrangements with the ski resort. Special thanks to **Caryn Yamada** for her always popular and always delicious chili! The day was enjoyed by skiers and boarders of all ages!

The Bowling party is scheduled for May 1 at Bonwood Bowl. Save the date and details will follow.

The Dharma School is planning an end of the year, beginning of the new year Family weekend at the Mill Hollow camp facility. Please read the DS Camping weekend letter included in this issue of the Buddhist Thoughts for details. We are asking that the registration form be completed and submitted with a \$10 deposit no later than **May 15** to secure your spot. Submit completed forms and deposits to Christy Fong or Brenda Koga.

Please plan on joining us for Hanamatsuri on April 10th. There will be no Dharma School on April 3rd but we encourage everyone to attend the Ogden Hanamatsuri on that date.

Salt Lake Jr. YBA Report

Mark Minaga and Jim Eng

The Jr. YBA provided lunch on March 6th for the movie Twilight Samurai. We would like to thank all the parents and kids for all their help in making this fund raiser a huge success. This brings us one step closer to our bus trip this summer.

The summer bus trip is progressing nicely in its planning. We have contacted the Orange County Buddhist Temple and they are reserving their multi-purpose room for us to stay at. The bus is reserved for 50 people and currently we have 32 confirmed passengers. We have not heard from the Ogden Jr. YBA yet but are sure they will have around 5-7 people coming.

The Jr. YBA will help in serving the box lunches at this year's Hanamatsuri. The Jr. YBA advisers will make sure the box lunches (KFC) are delivered and paid for.

Thank you for your support!

Dharma School Camping Weekend – September 2 – 4, 2011

Come for a **FUN** end of the year/beginning of the new Dharma School year outing at the Mill Hollow Camp facility. This is open to kids and adults of **ALL** ages. It will be a wonderful way to bond with other members of the Sangha in a camp atmosphere without the hassle of packing for a camp weekend. All you need are your personal items, a fun attitude and your sleeping bag!!!

Meals are included. Provided will be the Dinner on Friday, Breakfast, Lunch and Dinner on Saturday and Breakfast and a Box Lunch on Sunday. The cost will be \$65 per adult and \$60 for youth up to age 12. A tremendous deal!

We need a count of those families planning on attending. We ask that you complete the following registration form and submit a **\$10** deposit per participant no later than **May 15th** on Parent's Day. Once your deposit has been collected you have reserved your cot!!!!

Save the date and further details are forthcoming.

Name of Adults:

Home/Cell phone numbers:

Name/s of children and their ages:

If parent is not attending, name of attending chaperone:

In case of emergency and parents cannot be reached:

Name:

Phone:

Special Awards

January: Misao Doi
February: Brent Koga

With Deepest Sympathy

We would like to offer our deepest condolences to the family and friends of:

Yukie Nishimura Okubo
March 26, 1922-February 7, 2011

Rokuro George Nakano
December 29, 1922-March 4, 2011

We hope that through the nembutsu teachings and the strength of your family and community, you will find comfort in this difficult time.

Namo Amida Butsu

April Shotsuki Hoyo

April 10, 10:00 am

Deceased	Date of Death	Next of kin
Akimoto Landon	4/12/92	Tracy Akimoto Roberson
Akiyama Kiyoshi	4/28/39	Francis Akimoto
Arishita Ayako	4/23/00	Sam Arishita
Fujimoto Rae	4/20/97	Grace Oshita
Hachisuka Shiroku	4/4/69	Nancy Takagi
Imada Shizuye	4/24/51	Imada Family
Iwasaki Kamesaburo	4/13/67	Dean Iwasaki
Iwasaki Toshimasa	4/9/98	Dean Iwasaki
Koga Ichizo	4/16/62	Koga Family
Koga Shigeichi	4/20/62	Koga Family
Konishi Toraye	4/30/88	Jeanne Konishi
Masuda Tatsuro	4/6/91	Hatsuye Masuda
Matsuura Chotaro	4/4/50	Francis Akimoto
Minakawa Harushige	4/13/70	Dean Iwasaki
Mitsunaga Shizuko	4/14/90	Tomio Mitsunaga
Oda Fumi		Shigeru Sasaki
Oda Hayano		Shigeru Sasaki
Sakashita George	4/2/75	Jane Sakashita
Sugihara Yoshio	4/12/86	Dorothy Sugihara
Tachiki Kayo	4/2/27	Steve Tachiki
Takenaka Yoso	4/9/95	Ben Takenaka
Taketa Shinobu	4/18/82	Nanae Taketa
Okada Hito	4/5/84	Aiko Okada
Terashima Kiyoyuki	4/29/66	Paul Terashima
Mayeda Chieko	4/6/99	Craige Mayeda
Shizue Adachi	4/8/01	Tamiko Adachi
Hasegawa Miyuki	4/7/02	Paul Hasegawa

Chow Choy Lan	4/8/02
Sekino Lillian	4/17/02
Aoki Eva	4/2/03
Oishi Tai	4/25/03
Shigeru Shimada	4/9/09
Minaga Kozo	4/2/10

Chuck Chow
Dave Sekino
Nob Aoki
Victor Oishi
Misuko Shimada
Hisako Minaga

MARCH 2011 DONATIONS

Yukie Okubo Family	1000	Yukie Okubo memorial
Elaine Ferguson (MD)	100	Yukie Okubo memorial
Mary Yonts (CO)	100	Yukie Okubo memorial
Anonymous	50	Yukie Okubo memorial
Paula Carl	25	Yukie Okubo memorial
Christan Ellison	50	Yukie Okubo memorial
Elise Swenson	50	Yukie Okubo memorial
Nobuo Aoki	20	Yukie Okubo memorial
Nancy Takagi	20	Yukie Okubo memorial
Hiroshi & Mary Aramaki	20	Yukie Okubo memorial
Andrea, Jenny, Bridgette	75	Yukie's granddaughter (Marie) & friends
Christie Jenn	25	Buddhist Thoughts
Hatsuye Sasaki	50	Memory for daughter, Yvonne
Craige Mayeda	40	Shotsuki Hoyo for Chieko
Sadie Kato	20	Buddhist Thoughts
Miyuki Nakano Family	100	Memorial for Rokuro Nakano
Ivan Van Laningham	100	Special
Jr Jazz 2nd grade team	320	Use of gym

Kenneth & Jean Kobayashi	25	Shotsuki Hoyo -Yasuji Kobayashi
Karen Tohinaka	25	Shotsuki Hoyo -Tsuruko Iwasaki
Buster Mayeda	100	Shotsuki Hoyo -Rose Mayeda
Yutako Ikegami	100	Shotsuki Hoyo -Mitsuko Ikegami
Jeanne Konishi	150	Shotsuki Hoyo
Geraldine Chappell	25	Shotsuki Hoyo -Harry Tsutsui
Fran & Tom Akimoto	30	Shotsuki Hoyo -Kame Matsuura

BUILDING FUND

Koyo Restaurant	100
Kenneth & Jean Kobayashi	200

DHARMA SCHOOL

Grace Oshita	25	Goodie Bag
Okubo Family	50	Yukie Okubo memorial
Sadie Kato	20	Goodie Bag
Craige Mayeda	25	Memory of mother, Chieko
Robert & Tami Tokita	20	Eric & Alex birthdays

Miyuki Nakano Family	100	Memorial for Rokuro Nakano	
YBA			
Okubo Family	50	Yukie Okubo memorial	
JR YBA			
Okubo Family	50	Yukie Okubo memorial	
Movie donations -			
Ichiro & Takeko Doi	20	Mits & Terry Fujinami	20
Byron & Reiko Watanabe	20	Reiko & Kenny Matsuura	20
Gary & Ryoko Okamoto	10	Tomio & Junko Mitsunaga	20
Rev Jerry & Carmella Hirano	50	Maxine Furubayashi	10
Takeo Iwamoto	20	Setsuko Nagata	10
Marcus & Karie Miya	50	Paul & Kathy Terashima	25
Wes & Debbie Koga	40	Jim & Faye Eng	10
Sherrie Hayashi	20	Jane Sakashita	20
Maya Chow	20	Mark & Gail Minaga	20

MEMBERSHIP DUES (For year 2011)

Hisa Minaga	Karie & Marcus Miya
May Akiyama	Shauna Mayeda
Chiyoko Nishimura	LaVerne & Ernie Kyed (Aimee, Andrew)
Setsuko Schock	Dave Sekino (Sean, Andrew)
Rolen Yoshinaga (Keaton)	Dean Hirabayashi (Ethan)
Barron Kiuvara	Robert & Tami Tokita (Eric & Alex)
Warren Kiuvara	Tak Iwamoto
Sadie Kato	Craige Mayeda
Yuriko Iwamoto	Asako Mori
Mary & Hiroshi Aramaki	Robert Kasubuchi
Masako Imamura	Debbie & Wes Koga
Mitsuko Hirota	Cindy Thomas
Stan & Elaine Endo	Reiko Mitsunaga
Gary & Kathleen Takenaka	Cassandra Van Buren
Christy & Bruce Fong	Reiko & Ken Matsuura
Ken Nodzu	Ruby Doi
Jane Sakashita	Dot Richeda
Kayo & Jeannette Hayakawa	Carmela Hirano (Kacie, Taylor)
Bobbie Ikegami	Misuko Shimada
Jeanne Konishi	Chic Terashima
Donna Sato	Henry Hirano
Nanae Taketa	Judy & Troy Watanabe
Brenda Koga	Yukie Okubo
Shigeru & Tom Sasaki	Ichiro & Takeko Doi

Aki & Neal Chow	Takae Nakamura
Maxine Furubayashi	Kazuko & Arthur Yakumo
Mits & Terry Fujinami	Grace Oshita
Phillip & Connie Sakashita	Christine Munson (Henry, Emma)
Chie Sugaya	Setsuko Nagata
Sachiko Tohinaka	Shelley & Chris Taketa
Chris Oki	Richard & Lynne Doi
Reiko & Byron Watanabe	Paul & Kathy Terashima
Dave & Holly Black (Callahan, Delaney)	Faye & Jim Eng (Kyle, Marisa)
Samuel & Akemi Dean (Lisa)	Kristen Larson (Daniel)
Ivan Van Laningham	Kristine Clifford (Anna)
Brian & Tammy Fukushima (Noa, Anna, Meile)	
Junko & Tomio Mitsunaga	Lynn & Marilyn Shimada (Corey)
Kyle & Evelyn Matsumura	Jun Sudoko
Gerald Iseda	Ida Watanabe
Nobue Sudoko	Richard & May Matsuda
May Koike	Helen Mitsunaga
Joyce Chen	Tom & Fran Akimoto
Henry & Tammy Kuramoto	Bill & Shigeko Mizuno
Alice Ogura	Sherrie Hayashi (Seiji, Miye)
Stephanie Sueoka (Samantha, Cameron)	Nancy Takagi